

Entraînement 1

$a = +5$ alors $-a = \dots\dots$

$a = -3$ alors $-a = \dots\dots$

$a = +9$ alors $-a = \dots\dots$

$a = 3$ alors $-a = \dots\dots$

$a = -4$ alors $-a = \dots\dots$

$a = 12$ alors $-a = \dots\dots$

$a = -1,2$ alors $-a = \dots\dots$

$a = 2,5$ alors $-a = \dots\dots$

$a = -8,9$ alors $-a = \dots\dots$

$$\begin{aligned} \text{Si } a &= (+4) \\ \text{Alors } -a &= -(+4) \\ &= -4 \end{aligned}$$

$$\begin{aligned} \text{Si } a &= (-11) \\ \text{Alors } -a &= -(-11) \\ &= +11 \end{aligned}$$

 Entraînement 2

a	b	a + b	a - b
+2	+4	$(+2) + (+4) = \dots\dots$	$(+2) - (+4) = (+2) + (-4) = \dots\dots$
-3	-5	$\dots\dots + \dots\dots = \dots\dots$	$\dots\dots - \dots\dots = \dots\dots + \dots\dots = \dots\dots$
+3	-8	$\dots\dots + \dots\dots = \dots\dots$	$\dots\dots - \dots\dots = \dots\dots + \dots\dots = \dots\dots$
-10	-2	$\dots\dots + \dots\dots = \dots\dots$	$\dots\dots - \dots\dots = \dots\dots + \dots\dots = \dots\dots$

 Entraînement 3

a	b	c	a + b + c
+2	+4	+3	$(+2) + (+4) + (+3) = \dots\dots + \dots\dots = \dots\dots$
-3	-5	-2	$\dots\dots + \dots\dots + \dots\dots = \dots\dots + \dots\dots = \dots\dots$
+3	-8	-3	$\dots\dots + \dots\dots + \dots\dots = \dots\dots + \dots\dots = \dots\dots$
-10	-2	+12	

 Entraînement 4

a	b	c	a + b - c
+5	+4	+3	$(+5) + (+4) - (+3) = \dots\dots + (-3) = \dots\dots$
-3	-1	-2	$\dots\dots + \dots\dots - \dots\dots = \dots\dots + \dots\dots = \dots\dots$
+3	-7	-3	$\dots\dots = \dots\dots = \dots\dots$
-1	-2	+3	

 Entraînement 5

a	b	c	a - b + c
+2	+3	+1	$(+2) - (+3) + (+1) = \dots\dots$
+5	-6	+2	$\dots\dots = \dots\dots$

