

Entraînement 1

Dans **1 minute**,
il y a **60 secondes**
 $1 \text{ min} = 60 \text{ s}$

Dans **1 heure**,
il y a **60 minutes**
 $1 \text{ h} = 60 \text{ min}$

Dans **1 h**,
il y a **3600 secondes**
 $1 \text{ h} = 60 \times 60 \text{ s} = 3600 \text{ s}$

- **Combien de secondes ?**

1 min 10 s = $60 + 10 = 70 \text{ s}$

2 min 02 s = $2 \times 60 + 2 = 122 \text{ s}$

4 min = $4 \times 60 = 240 \text{ s}$

1 min 20 s =

2 min 08 s =

4 min 30 s =

1 min 30 s =

2 min 15 s =

4 min 55 s =

1 min 40 s =

2 min 25 s =

5 min =

1 min 45 s =

2 min 55 s =

5 min 30 s =

1 min 50 s =

2 min 58 s =

5 min 52 s =

Entraînement 2

- **Combien de minutes ?**

1 h 00 = 60 min

1 h 10 = 60 min + 10 min = 70 min

1 h 15 = =

1 h 20 = =

1 h 30 = =

1 h 45 = =

1 h 55 = =

2 h 00 = 2 x 60 min = 120 min

2 h 10 = 120 min + 10 min = 130 min

2 h 15 = =

2 h 30 = =

2 h 45 = =

5 h 00 = =

1 jour = =

Entraînement 3

- **Combien d'heures et de minutes ?**

60 min = 1 h 00 min

70 min = 60 min + 10 min = 1 h 10 min

75 min = =

85 min = =

100 min = =

110 min = =

120 min = 2 x 60 min = 2 h 00 min

121 min = 120 min + 1 min = 2 h 01 min

125 min = =

130 min = =

165 min = =

180 min = =

Entraînement 4

- **Combien d'heures décimales?**

60 min = $60 : 60 = 1,00 \text{ h}$

70 min = $70 : 60 = 1,166666 \text{ h}$

75 min = $75 : 60 = \dots\dots\dots$

85 min = =

100 min = =

110 min = =

120 min = $120 : 60 = 2,00 \text{ h}$

140 min = $140 : 60 = 2,33333 \text{ h}$

125 min = =

130 min = =

165 min = =

180 min = =

